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BETTER AT HOME

Better Homes Real Estate | THE GOOD LIFE GROUP | Copper Group

LIVE BETTER....IT'S A WONDERFUL LIFE...TO EACH THEIR HOME
MARCH 2023

2023 brings an updated look to our newsletter. Events from Facebook



Date	Town	Event of the week
2	Glenwood	Mills Co Democrats 6pm Round Table
3	Glenwood	Womens IF Gathering
4	Glenwood	Dodgeball Tourney 11am GHS
4	Glenwood	Mills Masquers Masquerade Ball 6pm Fountains Ballroom
4	Malvern	Melting the Midwest 7pm The
4	Shenandoah	Hangout
4	h	Karaoke Jo-Dz Tunez 9pm Eagles
5	Hamburg	Lions Club Carnival 5pm School
5	Waubonsie	Fremont Co Coalition Launch 2pm
5	Shenandoah	Fly High Craft Vendor Fair 10am
5	h	Eagles
7	Glenwood	Barn Beats 2pm at Bodega Victoriana
10	Treynor	DI Wine Paint&Sip 2pm Prairie
11	Glenwood	Crossing
11	Farragut	Vote Yes Mills County Lodging Tax
	Farragut	ACL Omaha/Lincoln Regionals 7pm
	Treynor	Pony Express Dance 8pm Waterfalls
		Lay It Up Senior Fundraiser 7pm Silos

Date	Town	Event of the week
11	Glenwood	Kegs & Eggs 8am Keg Creek Brewery
11	Glenwood	Members Appr Dinner 5pm Am Legion
11	Shenandoah	Brix the Flip 7pm Jacqueline's
11	Imogene	St Patrick's Day Parade
12	Glenwood	Barn Beats 2pm Bodega Victoriana
14	Shenandoah	Dementia Friends Iowa 10am Shenandoah Public Library
17	Glenwood	Pack the House St Pat's Party 5pm American Legion
18	Pacific Jct	Swap Meet & Car Show 10am I-29 Dragway
19	Hamburg	Dallas Stump 1pm Whiskey Springs
19	Shenandoah	Hometown Hero Shen Hist Society
24	Shenandoah	Am Legion District Conf Golf Course
25	Shenandoah	Course
26	Hamburg	Easter Open House 9am
26	Treynor	Ruby Leigh 2pm Whiskey Springs
		Crafts Show 10am The Palace

BETTER MOMENTS

ISSUE 03/23



BETTER FRIENDS,

Welcome Spring! Maybe I'm just a little excited! Spring is knocking at my door it seems. The birds are singing, I've begun ordering seeds and making plans for a small garden. I am ready to feel the earth in my hands. It seems like spring is that breath of freshness, new excitement and opportunity as life begins anew. Opening the windows and packing the coats away. Yes- I am excited!

It's time to sweep off the porch and fill pots with pansies along with a fresh rug for Easter welcoming people to our home. I am always looking forward to the beautiful seasons of green and growth and goodness. From St Patrick's Day to the first day of Spring and then to Easter.

Looking for reasons to make changes and refresh along the way. Who doesn't love a fresh new rug, some bright throw pillows and new small plants to motivate them? We are so lucky in our area to have lots of great places locally to shop and make ready for the upcoming season.

We spend lots of time looking ahead, so I'd like to challenge you to try something else too- on Sundays, before planning the upcoming week, begin your session with a reflection on what your past week has been. I am usually amazed with all I accomplished and excited to think of all the joy we have had! I'm here for you, home life & all the positive stuff!

It's a wonderful (Iowa) life!

Stephanie

MAY YOUR POCKETS BE HEAVY AND YOUR HEART BE LIGHT. MAY GOOD LUCK PURSUE YOU BOTH MORNING AND NIGHT.

-IRISH BLESSING

SIMPLIFY

- Schedule all laundry for Mondays
- Schedule all annual appointments for Tuesdays
- Schedule all weekly chores for Wednesdays
- Schedule all lawn care on Thursdays
- Schedule all Menus on Fridays
- Schedule all shopping on Saturdays
- Schedule all Family Fun on Sundays
- However you want, but line up tasks & don't think about how/ when. Less Stress= more peace

TOWELS

Raise your hand if you are still using towels from pre-pandemic. Many of you will say of course, but if we dove deeper, I believe it may be from far earlier in life than that!

Freshen up and start over with some new towels. It's great to use all white and feel spa-like. Another option is to do a different color for each bath or each family member. Color is one way we can bring some order to our homes by creating collections. The old towels can go to the rag bin or be donated to a local dog shelter for bedding.

CABINET LOVE

Often we think of the function of our cabinets but rarely do we go all in. Pick a simple one to begin and work your way through all of them. Empty them out completely. Wipe down the corners and all around, add new shelf paper if you like. Wipe down the outside and hardware. Now, think carefully about what gets to take up space there. Check dates on everything, organize by use and even consider getting clear containers to make finding things easier. The feeling is amazing!

Emerald Mint Milkshakes

2 cups vanilla ice cream

1 cup milk

¼-½ tsp Pure Peppermint Extract

¼ tsp Green Food Color

Place ice cream, milk, peppermint extract and green food color in blender container; cover. Blend on high speed until smooth. Pour into glasses. Top with whipped cream and sprinkles, if desired. Serve immediately.

-McCormicks®

7 Best Perennial Flowers that Bloom in Winter

- PANSIES
- SNOWDROPS
- WOOD LILIES
- WINTER ACONITE
- PERSIAN VIOLET
- CHRISTMAS ROSE
- WINTER IRIS



According to Better Homes & Gardens Magazine, most all will grow in Iowa, except winter Iris may not be hearty enough. <https://www.bhg.com/perennial-flowers-that-bloom-in-winter-6825704>

PLANNING YOUR SPRING GARDEN

FROM URBAN FARMER- EASY GUIDE

Indoors	Plant Seed/Transplant								Harvest	
MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
			Beans							
	Beets			Beets						
	Broccoli			Broccoli						
			Brussel Sprouts							
			Cabbage							
	Carrots			Carrots						
			Cauliflower							
			Corn							
			Cucumber							
	Kale			Kale						
	Lettuce			Lettuce						
			Onions							
	Peas			Peas						
			Peppers							
	Spinach			Spinach						
			Squash							
			Tomato							

HELPFUL HOME TIP

- Vacuum baseboards & top of door frames then wipe down with dryer sheet- repels dust
- Change batteries in detectors
- Vacuum fan blades
- Schedule AC Cleaning for April

HACK TO TRY

- Get rid of shoe closet smell by putting dry lemon peels or tea bags in each pair
- Roll up newspapers and use to help your boots stand up- plus absorbs smell too!
- Wipe off your shoes with damp cloth before putting away- ready for next use

MONTHLY CHALLENGE

- Buy birthday bags & tissue for local nursing home
- Spend time learning about a local service group
- Join in on a class and make a new habit or friendship
- Donate to a local law enforcement or fire department
- Send 5 thinking of you texts out every day
- Choose you- do something for you each week

KICKSTART, REINVIGORATE AND GET INSPIRED WITH BETTER HOMES AND GARDENS REAL ESTATE
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SHENANDOAH

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